

Appendix 4: Groundwork East

=Document Control:

Version	Issue Date	Changes
1.0	NA	First Draft (BE)

Reference	6085		
Name of Organisation	Groundwork East		
Organisation Type	Registered Charity		
Ward	Hitchin Oughton		
Project Type	Wellbeing project for families		
Green option considered?	Attendees will gain a better awareness around collective impacts/responsibilities on the environment where topics will include reducing food miles, recycling green waste etc.		
NHC Councillor involvement that may constitute a conflict of interest	None that we know of		
Previous financial support within six years	None		
Documentation reviewed and approved*	Safeguarding	Yes	Accounts
	Demonstrates clear governance	Yes	
Total applied for	£2,367	Total project cost	£2,367
Officer Summary			
<p>Groundwork East takes practical action to create a fair and green future in which people, places, and nature thrive. They support local communities and businesses to build capacity and resilience to tackle hardship, achieve a just transition to net-zero and help nature recover in a way that reduces inequality and leads to better work and healthier, happier lives.</p> <p>They are applying for funding for their Grow It, Cook It, Share It course at Oughton Family centre. It is delivered in person, over 6 weeks, with 2-hour sessions each week. It teaches families how to grow their own fruit and vegetables through supervised gardening and how to prepare healthy meals through simple cooking sessions.</p> <p>By working together on the practical tasks, and sharing a meal together, families will have the chance to develop their confidence; build friendships and support networks that will last beyond the formal learning environment. By encouraging learners to participate in outdoor practical activities they are also supporting them to improve their physical health and mental wellbeing and that of their whole family.</p> <p>The course will take place at the Oughton Family Centre, where they have an established partnership and have delivered these courses for a number of years. Both their outdoor space and classroom setting is utilised. On average, they predict 20 beneficiaries per course.</p> <p>Courses are delivered by experienced tutors who have practical skills and experience of growing and cooking, as well as working with adult and pre-school children. Course delivery is underpinned by a tried-and-tested quality system. Funding for the course would enable individuals to attend the course free of charge.</p>			

*Funding will only be released on receipt and approval of all supporting documentation

Below is a breakdown of costs of the project:

- Staff time per session (including travel from main office in Hatfield) 3 hours x £53 = £159, 6 sessions - **£954**
- Planning, Preparing & Purchasing resources (food, seeds, etc). 2.5 hours x £53 = £132.50 x 6 - **£795**
- Site Visit, Risk Assessment, Management/Evaluation, Marketing: 6 hours (£53) - **£318**
- Project Costs: seeds, food for cooking activities, composts, pots, growing diaries for families, printing, etc. - **£150**
- Mileage for 6 Sessions & Site Visit - **£150**